

# Economic Hardship Resource Guide

This guide was created to help individuals in the Brookings area who are unemployed, have lost their jobs, or are receiving reduced hours or wages.

## General Assistance

### **Lutheran Social Services**

Greg Archer - 692-9636

1-800-568-2401

<http://www.lsssd.org/>

Cares for, supports, and strengthens individuals, families and communities.

### **My Neighbor**

Dawn Twedt – 691-3225

My Neighbor strives to help people who are primarily in a temporary financial hardship to step out of it.

### **Brookings County Department of Social Services**

**SNAP** (Supplemental Nutrition Assistance Program),

**Sales Tax on Food Refund Program**

Brookings County Department of Social Services

688-4330 or 1-866-267-5338

1310 Main Ave. S.

### **Interlakes Community Action Partners**

Dana Whitehouse - 692-6391

<http://www.interlakescap.com/ICAP/brookings.htm>

Offers a hand-up to primarily low-income families and seniors in a 14 county area of East-central SD through housing, meal, and childcare programs.

### **Brookings Domestic Abuse Center**

Margo Dempsy - 692-7233

The shelter provides a 24 hour crisis hotline and a facility for victims of domestic violence, stalking, and sexual assault as well as referrals to the community.

**Suicide Crisis Helpline** – 1-800-273-TALK (8255)

## Food

### **Food Pantry**

217 ½ 4<sup>th</sup> St., Brookings

692-5007

Open Monday, Wednesday, and Friday afternoons.

**Free/Reduced-Price School Lunch Program** – contact your child’s school.

**WIC** (Women, Infants, and Children) – Assistance for pregnant, breastfeeding and postpartum women, and children up to 5 years of age. Participants must meet income, residential and nutritional guidelines.

Brookings County Community Health Services

(605) 688-8505 or 800-738-2301

1310 Main Ave. S.

### **Harvest Table**

Vonda Kirkham - 692-4345

Harvest Table provides a warm, no-cost meal served every Monday night between 5:30 & 6:30 PM at the Brookings First United Methodist Church.

## Child Care

Free child care may be available for up to two months for unemployed South Dakotans as part of the economic stimulus package.

SD Department of Labor

688.4350

1310 Main Ave. S.

Financial help with child care costs may be available for low-income families who are working or seeking employment.

Brookings County Department of Social Services

688-4330 or 1-866-267-5338

1310 Main Ave. S.

## Financial/Credit/Banking

### **Consumer Credit Counseling Service**

Tracy Gran – 605-373-4200

Sila Ghandi-Erion – 692-9636

1-800-258-2227

Consumer Credit Counseling offers budget evaluation and planning. They also offer bankruptcy, student loan and 1<sup>st</sup> time home buyer counseling. Works with SD Jump Start Coalition which is a personal financial literacy program.